



Instruction manual for Microwave and grill

Model code: CM130



Contact Caple on 0117 938 7420 or for spare parts www.caple.co.uk

PRECAUTIONS TO AVOID POSSIBLE EXPOSURE TO EXCESSIVE MICROWAVE ENERGY

(a) Do not attempt to operate this oven with the door open since this can result in harmful exposure to microwave energy. It is important not to break or tamper with the safety interlocks.

(b) Do not place any object between the oven front face and the door or allow soil or cleaner residue to accumulate on sealing surfaces.

(c) WARNING: If the door or door seals are damaged, the oven must not be operated until it has been repaired by a competent person.

If the apparatus is not maintained in a good state of cleanliness, its surface could be degraded and affect the lifespan of the apparatus and lead to a dangerous situation.

Specifications

Model:	CM130
Rated Voltage:	230V~50Hz
Rated Input Power(Microwave):	1450W
Rated Output Power(Microwave):	900W
Rated Input Power(Grill):	1000W
Oven Capacity:	25L
Turntable Diameter:	Ø315mm
External Dimensions:	595x400x388mm
Net Weight:	18.5kg

IMPORTANT SAFETY INSTRUCTIONS WARNING

To reduce the risk of fire, electric shock, injury to persons or exposure to excessive microwave oven energy when using your appliance, follow basic precautions, including the following:

- Read and follow the specific: "PRECAUTIONS TO AVOID POSSIBLE EXPOSURE TO EXCESSIVE MICROWAVE ENERGY".
- This appliance can be used by children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved.
- Children shall not play with the appliance.
- Cleaning and user maintenance shall not be made by children unless they are older than 8 and supervised. Children less than 8 years of age shall be kept away unless continuously supervised.
- Keep the appliance and its cord out of reach of children less than 8 years.
- If the supply cord is damaged, it must be replaced by the manufacturer, its service agent or similarly qualified persons in order to avoid a hazard.
- **WARNING:** Ensure that the appliance is switched off before replacing the lamp to avoid the possibility of electric shock.

- **WARNING:** It is hazardous for anyone other than a competent person to carry out any service or repair operation that involves the removal of a cover which gives protection against exposure to microwave energy.
- **WARNING:** Liquids and other foods must not be heated in sealed containers since they are liable to explode.
- When heating food in plastic or paper containers, keep an eye on the oven due to the possibility of ignition.
- Only use utensils that are suitable for use in microwave ovens.
- If smoke is emitted, switch off or unplug the appliance and keep the door closed in order to stifle any flames.
- Microwave heating of beverages can result in delayed eruptive boiling, therefore care must be taken when handling the container.
- The contents of feeding bottles and baby food jars shall be stirred or shaken and the temperature checked before consumption, in order to avoid burns.
- Eggs in their shell and whole hard-boiled eggs should not be heated in microwave ovens since they may explode, even after microwave heating has ended.
- The oven should be cleaned regularly and any food deposits removed.
- Failure to maintain the oven in a clean condition could lead to deterioration of the surface that could adversely affect the life of the appliance and possibly result in a hazardous situation.

- The microwave oven must be operated with the decorative door open. (for ovens with a decorative door.)
- This appliance is not designed for commercial use. It is a household appliance only. It is not intended to be used in:
 - staff kitchen areas in shops, offices and other working environments.
 - by clients in hotels, motels and other residential type environments;
 - bed and breakfast type environments.
- The microwave oven is intended for heating food and beverages. Drying of food or clothing and heating of warming pads, slippers, sponges, damp cloth and similar may lead to risk of injury, ignition or fire.
- Metallic containers for food and beverages are not allowed during microwave cooking.
- The appliance shall not be cleaned with a steam cleaner.
- Care should be taken not to displace the turntable when removing containers from the appliance. (For fixed appliances and built-in appliances being used equal or higher than 900mm above the floor and having detachable turntables. But this is not applicable for appliances with horizontal bottom hinged door.)

- The microwave oven is intended to be used built-in.
- Steam cleaner is not to be used.
- Surface of a storage drawer can get hot.
- **WARNING:** The appliance and its accessible parts become hot during use. Care should be taken to avoid touching heating elements. Children less than 8 years of age shall be kept away unless continuously supervised.
- During use the appliance becomes hot. Care should be taken to avoid touching heating elements inside the oven.
- **WARNING:** Accessible parts may become hot during use. Young children should be kept away.
- The appliance must not be installed behind a decorative door in order to avoid overheating.
- **WARNING:** When the appliance is operated in the combination mode, children should only use the oven under adult supervision due to the temperatures generated.
- Do not use harsh abrasive cleaners or sharp metal scrapers to clean the over door glass since they can scratch the surface, which may result in shattering of the glass

CE DECLARATIONS OF CONFORMITY

This appliance has been manufactured to the strictest standards and complies with all applicable legislation, Low Voltage Directive (LVD) and Electromagnetic Compatibility (EMC).

ENVIRONMENTAL PROTECTION



According to Waste of Electrical and Electronic Equipment (WEEE) directive, WEEE should be separately collected and treated. If at any time in future you need to dispose of this product please do NOT dispose of this product with household waste. Please send this product to WEEE collecting points where available.

To Reduce the Risk of Injury to Persons

Grounding Installation

DANGER

Electric Shock Hazard
Touching some of the internal components can cause serious personal injury or death. Do not disassemble this appliance.

WARNING

Electric Shock Hazard
Improper use of the grounding can result in electric shock. Do not plug into an outlet until appliance is properly installed and grounded.

This appliance must be grounded. In the event of an electrical short circuit, grounding reduces the risk of electric shock by providing an escape wire for the electric current. This appliance is equipped with a cord having a grounding wire with a grounding plug. The plug must be plugged into an outlet that is properly installed and grounded.

Consult a qualified electrician or service agent if the grounding instructions are not completely understood or if doubt exists as to whether the appliance is properly grounded. If it is necessary to use an extension cord, use only a 3-wire extension cord.

1. A short power-supply cord is provided to reduce the risks resulting from becoming entangled in or tripping over a longer cord.
2. If a long cord set or extension cord is used:
 - 1)The marked electrical rating of the cord set or extension cord should be at least as great as the electrical rating of the appliance.
 - 2)The extension cord must be a grounding-type 3-wire cord.
 - 3)The long cord should be arranged so that it will not drape over the worktop or tabletop where it can be pulled on by children or tripped over unintentionally.

CLEANING

Be sure to unplug the appliance from the power supply.

1. Clean the cavity of the oven after using with a slightly damp cloth.
2. Clean the accessories in the usual way in soapy water.
3. The door frame and seal and neighbouring parts must be cleaned carefully with a damp cloth when they are dirty.
4. Do not use harsh abrasive cleaners or sharp metal scrapers to clean the oven door glass since they can scratch the surface, which may result in shattering of the glass.
5. Cleaning Tip---For easier cleaning of the cavity walls that the food cooked can touch: Place half a lemon in a bowl, add 300ml (1/2 pint) water and heat on 100% microwave power for 10 minutes. Wipe the oven clean using a soft, dry cloth.

UTENSILS

CAUTION

Personal Injury Hazard

It is hazardous for anyone other than a competent person to carry out any service or repair operation that involves the removal of a cover which gives protection against exposure to microwave energy.

See the instructions on "Materials you can use in microwave oven or to be avoided in microwave oven."

There may be certain non-metallic utensils that are not safe to use for microwaving. If in doubt, you can test the utensil in question following the procedure below.

Utensil Test:

1. Fill a microwave-safe container with 1 cup of cold water (250ml) along with the utensil in question.
2. Cook on maximum power for 1 minute.
3. Carefully feel the utensil. If the empty utensil is warm, do not use it for microwave cooking.
4. Do not exceed 1 minute cooking time.

Materials you can use in microwave oven

Utensils	Remarks
Aluminum foil	Shielding only. Small smooth pieces can be used to cover thin parts of meat or poultry to prevent overcooking. Arcing can occur if foil is too close to oven walls. The foil should be at least 1 inch (2.5cm) away from oven walls.
Browning dish	Follow manufacturer's instructions. The bottom of browning dish must be at least 3/16 inch (5mm) above the turntable. Incorrect usage may cause the turntable to break.
Dinnerware	Microwave-safe only. Follow manufacturer's instructions. Do not use cracked or chipped dishes.
Glass jars	Always remove lid. Use only to heat food until just warm. Most glass jars are not heat resistant and may break.
Glassware	Heat-resistant oven glassware only. Make sure there is no metallic trim. Do not use cracked or chipped dishes.
Oven cooking bags	Follow manufacturer's instructions. Do not close with metal tie. Make slits to allow steam to escape.
Paper plates and cups	Use for short-term cooking/warming only. Do not leave microwave unattended while cooking.
Paper towels	Use to cover food for reheating and absorbing fat. Use with supervision for a short-term cooking only.
Parchment paper	Use as a cover to prevent splattering or a wrap for steaming.
Plastic	Microwave-safe only. Follow the manufacturer's instructions. Should be labeled "Microwave Safe". Some plastic containers soften, as the food inside gets hot. "Boiling bags" and tightly closed plastic bags should be slit, pierced or vented as directed by package.
Plastic wrap	Microwave-safe only. Use to cover food during cooking to retain moisture. Do not allow plastic wrap to touch food.
Thermometers	Microwave-safe only (meat and candy thermometers).
Wax paper	Use as a cover to prevent splattering and retain moisture.

Materials to be avoided in microwave oven

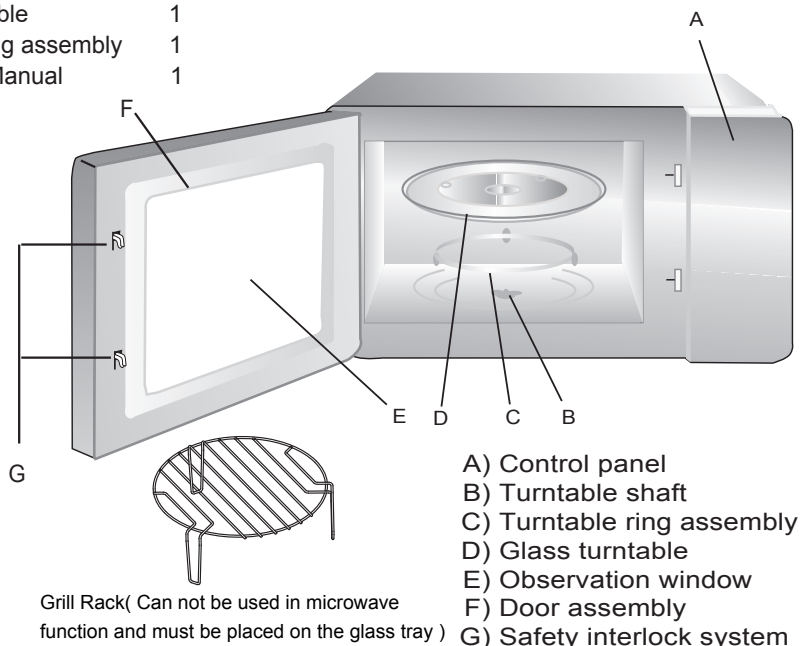
Utensils	Remarks
Aluminum tray	May cause arcing. Transfer food into microwave-safe dish.
Food carton with metal handle	May cause arcing. Transfer food into microwave-safe dish.
Metal or metal-trimmed utensils	Metal shields the food from microwave energy. Metal trim may cause arcing.
Metal twist ties	May cause arcing and could cause a fire in the oven.
Paper bags	May cause a fire in the oven.
Plastic foam	Plastic foam may melt or contaminate the liquid inside when exposed to high temperature.
Wood	Wood will dry out when used in the microwave oven and may split or crack.

SETTING UP YOUR MICROWAVE

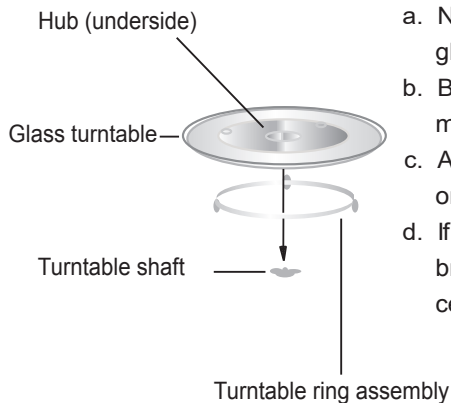
Parts and Accessories

Remove the microwave and all materials from the carton and microwave cavity. Your microwave comes with the following accessories:

Glass turntable	1
Turntable ring assembly	1
Instruction Manual	1



Turntable Installation



- Never place the glass turntable side down. The glass turntable should never be restricted.
- Both glass turntable and turntable ring assembly must always be used during cooking.
- All food and containers of food are always placed on the glass turntable for cooking.
- If glass turntable or turntable ring assembly cracks or breaks, contact your nearest authorized service center.

Installation and connection

- 1.This appliance is only intended for domestic use.
- 2.This oven is intended for built-in use only. It is not intended for counter-top use or for use inside a cupboard.
3. Please observe the special installation instructions.
- 4.The appliance can be installed in a 60cm wide wall-mounted cupboard.
- 5.The appliance is fitted with a plug and must only be connected to a properly installed earthed socket.
- 6.The mains voltage must correspond to the voltage specified on the rating plate.
- 7.The socket must be installed and connecting cable must only be replaced by a qualified electrician. If the plug is no longer to accessible following installation, an all-pole disconnecting device must be present on the installation side with a contact gap of at least 3mm.
- 8.Adapters, multi-way strips and extension leads must not be used. Overloading can result in a risk of fire.

The accessible surface may be hot during operation.



Installation Instructions

Please Read the Manual Carefully Before Installation

Please note

Electrical connection

The oven is fitted with a plug and must only be connected to a properly installed earthed socket. The socket must only be installed and the connecting cable must only be replaced by a qualified electrician, and in accordance with the appropriate regulations. If the plug is no longer accessible following installation, an all-pole isolating switch must be present on the installation side with a contact gap of at least 3 mm.

The fitted cabinet must not have a back wall behind the appliance.

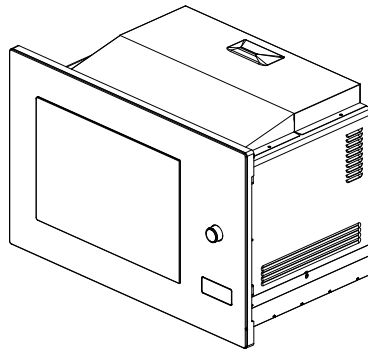
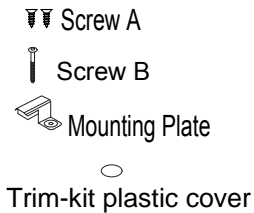
A gap must be maintained between the wall and the base of the unit above. Specific gap size could be referenced by the diagrams.

Minimum installation height: 85 cm.

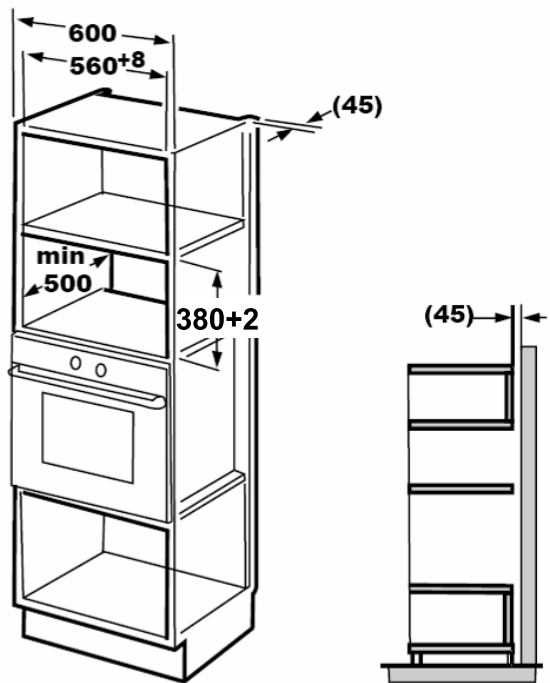
Do not cover ventilation slots and suction holes.

Note:

Do not trap or bend the power cable.

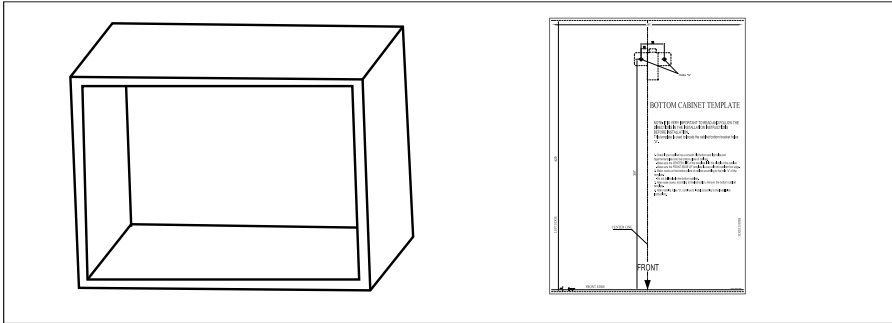


A. Built-in furniture

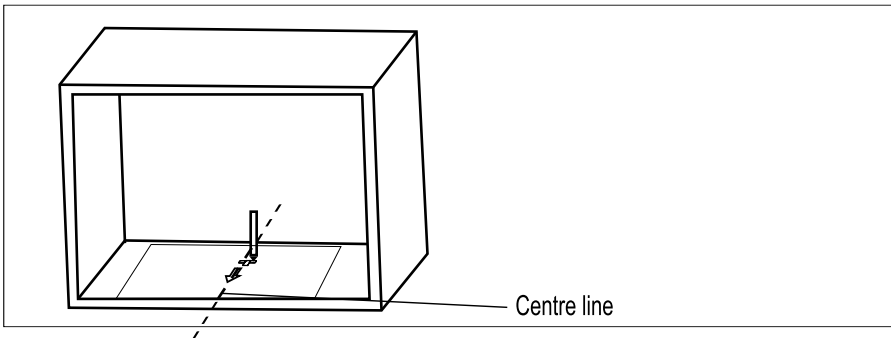


B.Prepare the cabinet

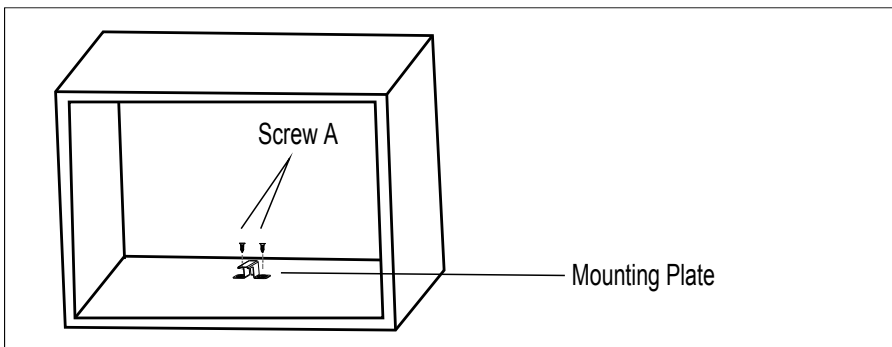
1. Read the instruction on the BOTTOM CABINET TEMPLATE , put the template on the bottom plane of cabinet.



2. Make the marks on the bottom plane of cabinet according to marks "a" of the template



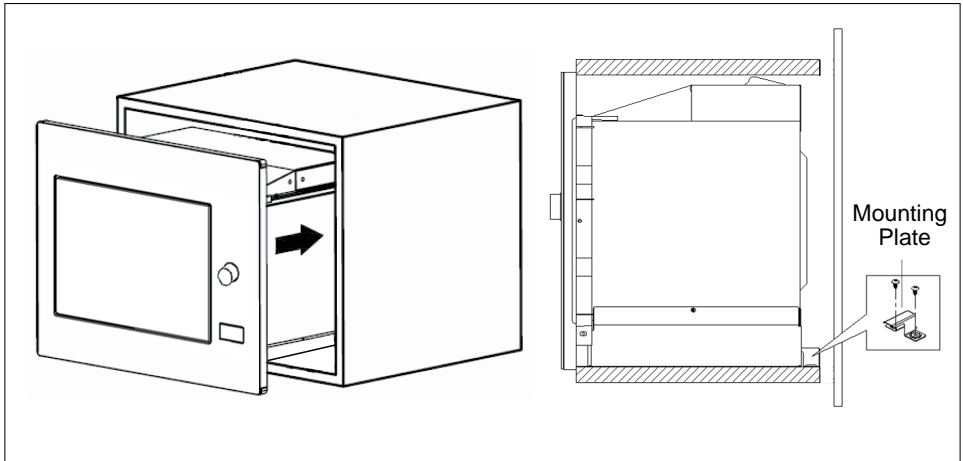
3. Remove the bottom cabinet template and fix the mounting plate with screw A.



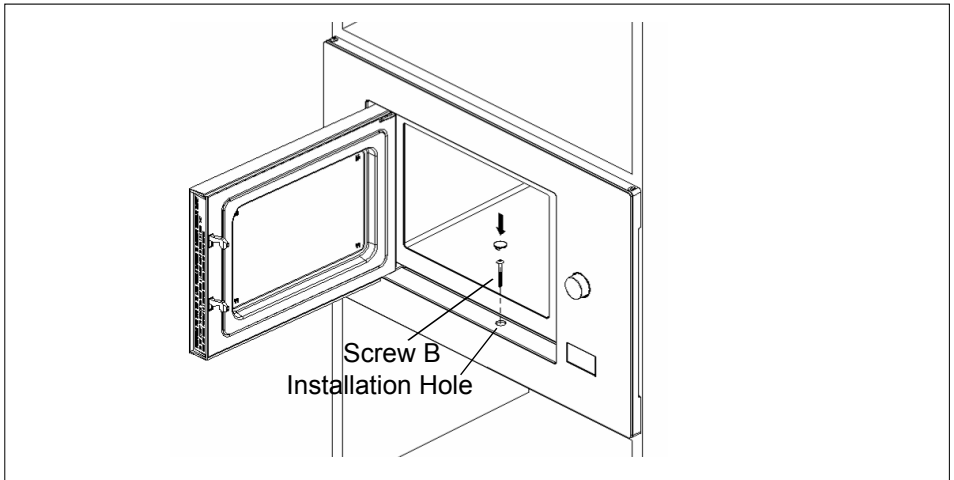
C.Install the oven

4. Install the oven to the cabinet

- Make sure the back of the oven is locked by mounting plate .
- Do not trap or kink the power cord.



5. Open the door, fix the oven to the cabinet with Screw B , at the installation hole.
Then fix the Trim-kit plastic cover to the installation hole.




Operation Instructions

1. Clock Setting

When the microwave is first turned on, the screen will display "0:00", buzzer will ring once.

1) Press " **Kitchen Timer/Clock** " twice to select clock function, the hour figures will flash.

2) Turn "  " to adjust the hour figures, the input time should be within 0--23.

3) Press " **Kitchen Timer/Clock** ", the minute figures will flash.



4) Turn "  " to adjust the minute figures, the input time should be within 0--59.

5) Press " **Kitchen Timer/Clock** " to finish clock setting. ":" will flash, and the time will light.

Note: 1) If the clock is not set, it would not function when powered.


2) During the process of clock setting, if you press " **Stop/Clear** ", the oven will go back to the previous status automatically.

2. Microwave Cooking


Press " **Micro./Grill/Combi.** " once, the screen will display "P100". Press " **Micro./Grill/Combi.** " repeatedly or turn "  " to choose the power you want, and "P100", "P 80", "P 50", "P 30", "P 10", "G", "C-1" or "C-2" will display for each added press. Then press " **Start/+30Sec./Confirm** " to confirm, and turn "  " to set cooking time from 0:05 to 95:00. Press " **Start/+30Sec./Confirm** " again to start cooking.

Example: If you want to use 80% microwave power to cook for 20 minutes, you can operate the oven as the following steps.

1) Press " **Micro./Grill/Combi.** " once, the screen displays "P100".

2) Press " **Micro./Grill/Combi.** " once again or turn "  " to choose 80% microwave power.

3) Press " **Start/+30Sec./Confirm** " to confirm, and the screen displays "P 80".

4) Turn "  " to adjust the cooking time until the oven displays "20:00".



5) Press " **Start/+30Sec./Confirm** " to start cooking .

Note: the step quantities for the adjustment time of the coding switch are as follow:



0---1 min	: 5 seconds
1---5 min	: 10 seconds
5---10 min	: 30 seconds
10---30 min	: 1 minute
30---95 min	: 5 minutes

"Micro./Grill/Combi." Pad instructions		Microwave Power	Grill Power
Order	Display		
1	P100	100%	
2	P80	80%	
3	P50	50%	
4	P30	30%	
5	P10	10%	
6	G	0%	100%
7	C-1	55%	45%
8	C-2	36%	64%

3. Grill or Combi. Cooking


Press " **Micro./Grill/Combi.** " once, the screen will display "P100". Press " **Micro./Grill/Combi.** " repeatedly or turn "  " to choose the power you want, and "P100", "P 80", "P 50", "P 30", "P 10", "G", "C-1" or "C-2" will display for each added press. Then press " **Start/+30Sec./Confirm** " to confirm, and turn "  " to set cooking time from 0:05 to 95:00. Press " **Start/+30Sec./Confirm** " again to start cooking.

Example: If you want to use 55% microwave power and 45% grill power(C-1) to cook for 10 minutes, you can operate the oven as the following steps.


- 1) Press " **Micro./Grill/Combi.** " once, the screen displays "P100".
- 2) Press " **Micro./Grill/Combi.** " repeatedly or turn " " to choose combi. 1 mode.
- 3) Press " **Start/+30Sec./Confirm** " to confirm, and the screen displays "C-1".
- 4) Turn " " to adjust the cooking time until the oven displays "10:00".
- 5) Press " **Start/+30Sec./Confirm** " to start cooking.

Note: If half the grill time passes, the oven sounds twice, and this is normal. In order to have a better effect of grilling food, you should turn the food over, close the door, and then press " **Start/+30Sec./Confirm** " to continue cooking. If no operation, the oven will continue working.


4. Quick Start

- 1) In waiting state, Press " **Start/+30Sec./Confirm** " to start 30 seconds cooking with 100% power, each added press will increase 30 seconds cooking time up to 95 minutes.
- 2) In microwave, grill, combination cooking or time defrost state, each press of " **Start/+30Sec./Confirm** " can increase 30 seconds of cooking time.
- 3) In waiting state, turn " " left to set cooking time with 100% microwave power, then press " **Start/+30Sec./Confirm** " to start cooking.


5. Defrost By Weight

- 1) Press " **Weight/Time Defrost** " once, and the oven will display "dEF1".
- 2) Turn " " to select the weight of food from 100 to 2000 g.
- 3) Press " **Start/+30Sec./Confirm** " to start defrosting.

6. Defrost By Time

- 1) Press " **Weight/Time Defrost** " twice, and the oven will display "dEF2".
- 2) Turn " " to select the defrost time. The MAX time is 95 minutes.
- 3) Press " **Start/+30Sec./Confirm** " to start defrosting. The defrost power is P 30, and it cannot be changed.


7. Kitchen Timer

- (1) Press " **Kitchen Timer/Clock** " once, the screen will display 00:00.
- (2) Turn "  " to enter the correct time. (The maximum cooking time is 95 minutes.)
- (3) Press " **Start/+30Sec./Confirm** " to confirm setting.
- (4) When the kitchen time is reached, the buzzer will ring 5 times.


If the clock has been set (24-hour system), the screen will display the current time.

Note: The kitchen Time is different from 24-hour system. Kitchen Timer is a timer.

8. Auto Menu

- 1) Turn "  " right to choose the menu, and "A-1" to "A-8" will display, which means pizza, meat, vegetable, pasta, potato, fish, beverage and popcorn.

2) Press " **Start/+30Sec./Confirm** " to confirm.


- 3) Turn "  " to choose the default weight as the menu chart.
-

4) Press " **Start/+30Sec./Confirm** " to start cooking.

Example: If you want to use "Auto Menu" to cook fish for 350g.

- 1) Turn "  " clockwise till "A-6" displays.
-

2) Press " **Start/+30Sec./Confirm** " to confirm.

- 3) Turn "  " to select the weight of fish till "350" displays.
-

4) Press " **Start/+30Sec./Confirm** " to start cooking.

The menu chart:


Menu	Weight	Display
A-1 Pizza	200 g	200
	400 g	400
A-2 Meat	250 g	250
	350 g	350
	450 g	450
A-3 Vegetable	200 g	200
	300 g	300
	400 g	400
A-4 Pasta	50g(with 450 ml cold water)	50
	100g(with 800 ml cold water)	100
A-5 Potato	200 g	200
	400 g	400
	600 g	600
A-6 Fish	250 g	250
	350 g	350
	450 g	450
A-7 Beverage	1 cup(120 ml)	1
	2 cups(240 ml)	2
	3 cups(360ml)	3
A-8 Popcorn	50 g	50
	100 g	100

9. Multi-section cooking


At most 2 sections can be set for cooking. In multi-section cooking, if one section is defrosting, then defrosting shall be placed in the first section.

Example: If you want to defrost food for 5 minutes and then cook with 80% microwave power for 7 minutes, operate it as the following:


- 1) Press " **Weight/Time Defrost** " twice, and the oven will display "dEF2".

- 2) Turn "  " to select the defrost time till "5:00" displays.

- 3) Press " **Micro./Grill/Combi.** " once, the screen displays "P100".

- 4) Press " **Micro./Grill/Combi.** " once again or turn "  " to choose 80% microwave power.

- 5) Press " **Start/+30Sec./Confirm** " to confirm, and the screen displays "P 80".


- 6) Turn "  " to adjust the cooking time till the oven displays "7:00".

- 7) Press " **Start/+30Sec./Confirm** " to start cooking, and buzzer will sound once for the first section, defrosting time counts down. Buzzer will sound once again entering the second cooking. When cooking finishes, buzzer sounds five times.

10. Inquiring Function

- (1) In states of microwave, grill and combination cooking, press " **Micro./Grill/Combi.** ", the current power will be displayed for 3 seconds. After 3 seconds, the oven will turn back to the former state.
- (2) In cooking state, press " **Kitchen Timer/Clock** " to inquire the time and the time will display for 3 seconds.

11. Child lock function

Lock: In waiting state, press " **Stop/Clear** " for 3 seconds, there will be a long beep denoting entering the child lock state.  will light and current time will display if the time has been set. Otherwise, the screen will display **---**.

Unlock: In locked state, press " **Stop/Clear** " for 3 seconds, there will be a long "beep" denoting that the lock is released.

Trouble shooting

Normal	
Microwave oven interfering TV reception	Radio and TV reception may be interfered when microwave oven operating. It is similar to the interference of small electrical appliances, like mixer, vacuum cleaner, and electric fan. It is normal.
Dim oven light	In low power microwave cooking, oven light may become dim. It is normal.
Steam accumulating on door, hot air out of vents	In cooking, steam may come out of food. Most will get out from vents. But some may accumulate on cool place like oven door. It is normal.
Oven started accidentally with no food in.	It is forbidden to run the unit without any food inside. It is very dangerous.

Trouble	Possible Cause	Remedy
Oven can not be started.	(1) Power cord not plugged in tightly.	Unplug. Then plug again after 10 seconds.
	(2) Fuse blowing or circuit breaker works.	Contact Caple service
	(3) Trouble with outlet.	Test outlet with other electrical appliances.
Oven does not heat	(4) Door not closed well	Close door well

Caple Service
Fourth Way
Avonmouth
Bristol
BS11 8DW

t: 0117 938 7420
e: service@caple.co.uk
www.caple.co.uk

Please keep this instruction manual for future reference